

How to lighten your Recycling Bin

Leaving packaging in the shop if allowed. e.g. shoe boxes.



To reduce weight ensure that used food containers are clean and dry

Choose goods in refillable packaging such as detergents & coffee

Look for goods with less packaging

Follow the list of recyclable materials accepted by your waste collection company (they will provide you with a list)

Invest in a refillable water bottle, coffee cup & lunch box to reduce waste when you are on the move

Look out for compostable & recycling symbols on packaging



Place a **NO JUNK MAIL** sticker on your letter box

What can go in your Recycling Bin...

PAPER

Newspapers
Magazines
Junk mail
Envelopes
Paper
Phone books
Catalogues
Tissue boxes
Sugar bags
Calendars

Dairies
Letters
Computer paper
Used beverage
Juice cartons
Milk cartons
Egg boxes
Holiday brochures
Paper potato bags



CARDBOARD

Food boxes
Packaging boxes
Cereal boxes
Kitchen towel tubes



ALUMINIUM & STEEL CANS

Drink cans
Steel cans
Pet food cans
Food cans
Biscuit tins
Soup tins



Always make sure all **materials are clean** before putting them in the recycling bin



PLASTIC PACKAGING (PP)

Yogurt containers
Margarine tubs
Rigid food packaging (Except black)
Liquid soap containers
Fruit containers



PLASTIC BOTTLES (PET 1)

Mineral bottles
Water bottles
Mouthwash bottles
Salad dressing bottles



PLASTIC BOTTLES (HDPE2)

Milk bottles
Juice bottles
Cosmetic bottles
Shampoo bottles
Household cleaning bottles
Laundry detergent bottles
Window cleaning bottles
Bathroom bottles



All waste service providers are legally required to collect **all** the recyclables listed

How to lighten your Brown Bin

A home garden composter is a way to get rid of garden waste, eggshells/boxes, fruit, vegetables & teabags. For more go to www.stopfoodwaste.ie or www.brownbin.ie

Make sure fruit and veg is stored correctly so you get time to eat it.



Check the **use-by date** before purchasing to ensure you will have time to eat it before it goes out of date.



Keep all **dairy products** in the fridge to preserve them as long as possible.

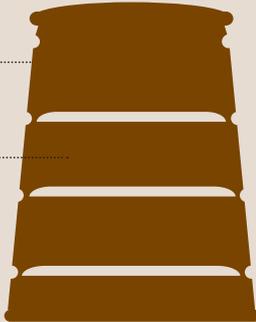


*Use up **leftovers** to make another recipe, or as tomorrow's lunch!

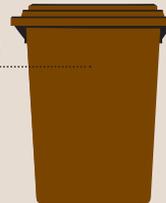
*** Note:** Food safety guidance should be followed when storing and preparing food

When shopping try to make a **list** of what you need and stick to it!

No dairy, bread or meat products should go into your home garden composter.



Use newspapers to line your kitchen caddy or **compostable bin liners** which are widely available to buy (regular biodegradable bin bags are not suitable)



Use your **freezer** - its your ally in preventing food waste



What can go in your **Brown Bin**...

If it once grew, it can go into the brown bin!

Bread & cereals



Coffee grounds & tea bags



Egg & dairy products



Grass clippings, weeds and twigs



Meat, poultry



Wet cardboard
Or paper



Fish, shellfish
& bones



Paper towels & napkins



Plate scrapings
& scraps



Fruit & vegetables



How to lighten your **General Waste Bin**

Remove any **water or liquid** from the item so it is as light as possible.

Anything with a **plug or battery** can be recycled free at your local civic amenity site.

Keep **glass out** and bring it to your bottle bank.



Before you bin anything check to see if its **compostable or recyclable**. Your waste collector can provide a current list of acceptable items for each waste stream.

Timber, Steel and old paint tins are accepted at your local civic amenity site for a small fee.

Old toys, clothes and unwanted furniture could be given away to charity if are in good condition or given away online through sites such as www.freetradeireland.ie

What can go in your **General Waste Bin**...

WEIGH LESS, PAY LESS

**Toothpaste
containers**



**Crisp, sweet or foil
based wrappers**



Ashes (cold)



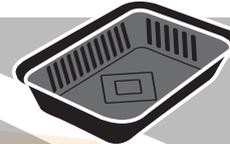
Sanitary waste



Nappies



Black rigid plastic



**Contaminated
(dirty) containers**



**Ceramics e.g.
broken cups
or plates**



THINK BEFORE YOU THROW IT OUT!

Before putting waste in any bin, can you...



Fix it

Before you bin it, can you repair it?



Flog it

Does it have value, if so can you sell it?
www.donedeal.ie
www.ebay.com
www.gumtree.ie



Donate it

Give reusable items to family & friends. You can also donate them to charity or place them on www.freetradeireland.ie

Visit the only Free Banks in the country!



Give old clothes a good home and recycle your glass at your nearest bring bank. It's FREE!



FreeTrade Ireland is a unique public service allowing you to pass on and pick-up items free of charge. www.freetradeireland.ie

Avoid wasting food!



Prevent food waste by careful planning and cooking the correct amounts for you and your family. More info at www.stopfoodwaste.ie



Blue box it

Keep an eye out for the blue battery box in all shops selling batteries.



Upcycle it

Before you bin it, could it be used for something else?