Know Your Waste, Control Your Costs

Waste Prevention & Recycling

Tricks & Tips

To prevent waste and conserve natural resources please use these helpful tips in your home.
How to lighten your Recycling Bin

Leaving packaging in the shop if allowed, e.g. shoe boxes.

To reduce weight ensure that used food containers are clean and dry.

Choose goods in refillable packaging such as detergents & coffee.

Look for goods with less packaging.

Follow the list of recyclable materials accepted by your waste collection company (they will provide you with a list).

Invest in a refillable water bottle, coffee cup & lunch box to reduce waste when you are on the move.

Look out for compostable & recycling symbols on packaging.

Place a NO JUNK MAIL sticker on your letter box.
What can go in your Recycling Bin...

Always make sure all **materials are clean** before putting them in the recycling bin.

### PAPER
- Newspapers
- Magazines
- Junk mail
- Envelopes
- Paper
- Phone books
- Catalogues
- Tissue boxes
- Sugar bags
- Calendars
- Dairies
- Letters
- Computer paper
- Used beverage
- Juice cartons
- Milk cartons
- Egg boxes
- Holiday brochures
- Paper potato bags

### CARDBOARD
- Food boxes
- Packaging boxes
- Cereal boxes
- Kitchen towel tubes

### ALUMINIUM & STEEL CANS
- Drink cans
- Steel cans
- Pet food cans
- Food cans
- Biscuit tins
- Soup tins

### PLASTIC PACKAGING (PP)
- Yogurt containers
- Margarine tubs
- Rigid food packaging (Except black)
- Liquid soap containers
- Fruit containers

### PLASTIC BOTTLES (PET 1)
- Mineral bottles
- Water bottles
- Mouthwash bottles
- Salad dressing bottles

### PLASTIC BOTTLES (HDPE2)
- Milk bottles
- Juice bottles
- Cosmetic bottles
- Shampoo bottles
- Household cleaning bottles
- Laundry detergent bottles
- Window cleaning bottles
- Bathroom bottles

All waste service providers are legally required to collect **all** the recyclables listed.
How to lighten your Brown Bin

- Make sure fruit and veg is stored correctly so you get time to eat it.
- Check the use-by date before purchasing to ensure you will have time to eat it before it goes out of date.
- Keep all dairy products in the fridge to preserve them as long as possible.
- Use leftovers to make another recipe, or as tomorrow’s lunch!
- *Note: Food safety guidance should be followed when storing and preparing food

- When shopping try to make a list of what you need and stick to it!
- Use your freezer - it's your ally in preventing food waste.
- Use newspapers to line your kitchen caddy or compostable bin liners which are widely available to buy (regular biodegradable bin bags are not suitable).
- A home garden composter is an easy way to get rid of garden waste, eggshells/boxes, fruit, vegetables & teabags. For more go to www.stopfoodwaste.ie or www.brownbin.ie
- No dairy, bread or meat products should go into your home garden composter.

For more go to www.stopfoodwaste.ie or www.brownbin.ie
If it once grew, it can go into the brown bin!

- Bread & cereals
- Egg & dairy products
- Meat, poultry
- Fish, shellfish & bones
- Plate scrapings & scraps
- Coffee grounds & tea bags
- Grass clippings, weeds and twigs
- Wet cardboard or paper
- Paper towels & napkins
- Fruit & vegetables
How to lighten your General Waste Bin

- Remove any water or liquid from the item so it is as light as possible.
- Anything with a plug or battery can be recycled free at your local civic amenity site.
- Keep glass out and bring it to your bottle bank.
- Before you bin anything check to see if it's compostable or recyclable. Your waste collector can provide a current list of acceptable items for each waste stream.
- Timber, Steel and old paint tins are accepted at your local civic amenity site for a small fee.
- Old toys, clothes and unwanted furniture could be given away to charity if they are in good condition or given away online through sites such as www.freetradeireland.ie
What can go in your **General Waste Bin**...

- Toothpaste containers
- Crisp, sweet or foil based wrappers
- Ashes (cold)
- Sanitary waste
- Nappies
- Black rigid plastic
- Contaminated (dirty) containers
- Ceramics e.g. broken cups or plates
THINK BEFORE YOU THROW IT OUT!
Before putting waste in any bin, can you...

Fix it
Before you bin it, can you repair it?

Flog it
Does it have value, if so can you sell it?
www.donedeal.ie
www.ebay.com
www.gumtree.ie

Donate it
Give reusable items to family & friends. You can also donate them to charity or place them on www.freetradeireland.ie

Visit the only Free Banks in the country!
Give old clothes a good home and recycle your glass at your nearest bring bank. It’s FREE!

Blue box it
Keep an eye out for the blue battery box in all shops selling batteries.

Avoid wasting food!
Prevent food waste by careful planning and cooking the correct amounts for you and your family. More info at www.stopfoodwaste.ie

Upcycle it
Before you bin it, could it be used for something else?